



An Activator for Gratitude

A Thank You Letter

When someone does something to make you feel appreciated, it feels really good, right? Let's give that feeling to someone else too.

Write a short thank you letter to someone in your life. It could be a family member, friend, teacher or neighbor. Make sure you tell them why you are grateful for them. Don't forget to give them the letter when you're all finished.

You can use the outline below to create your letter or write it in your own way!

Dear _____ ,

Thank you for _____

With Gratitude, _____